

School year: _____

**O.H. PLATT HIGH SCHOOL - ATHLETIC DEPARTMENT
TRAINING RULES AND AGREEMENT TO PARTICIPATE**

Student Name: _____ **Grade:** _____ **I.D. #** _____ **Age:** _____

Address: _____ **Home Phone:** _____ **Birth date:** _____

The Platt Athletic Department recognizes and understands that due to the individuality of the coach, each student athlete and each sport, unified training to rules apply to every situation are not practical. The head coach of his/her particular sport will use sound judgment in the establishment of training rules to apply to his/her own athletes. However, the Athletic Department has established basic rules which must be adhered to by every student-athlete. These apply 24 hours per day, seven days per week during the entire season, including periods of time when students may be traveling in foreign countries or spending time with their own families.

BASIC RULES – (Strictly Forbidden)

- The use of any tobacco product.
- The possession of any lighted smoking materials
- The possession or use of alcoholic beverages or illegal/unauthorized drugs, including marijuana and anabolic steroids on school premises or in connections with school functions. Possession includes having material in automobile, locker, or similar location.
- Being under the influence of alcohol or drugs at school, school functions, part of a group, or part of a group where there is obvious drug or alcohol related activity.
- Any improper connections with drugs or alcohol, including selling, supplying, trading and the like.

In addition to school disciplinary action, violations of any or all of the above may result in suspension or possible expulsion from the team depending on the circumstances involved and the coach’s judgment. Your behavior is a direct reflection of your team. As a representative of your school and community, it is essential that you do the “right” thing. Behavior that reflects poorly on your team will not be tolerated. Training rules **must** be followed. **YOU** are accountable for your actions both on and off the field.

AGREEMENT TO PARTICIPATE

I/We give permission for our son/daughter _____ to participate in
Print Name

organized high school athletics in the sport of _____ realizing that such activity involves the potential for injury which is inherent in all sports. **I/We acknowledge that even with the best coaching, use of the most advanced protective equipment and strict observance of rules, injuries are still a possibility.** On rare occasions these injuries can be so severe as to result in total disability, paralysis or even death.

I/We acknowledge that I/We have read and understand these agreements and have read and understand the Platt High School Athletic Handbook.

****A Copy of the Platt Athletic Handbook is available at www.platths.com**

Name of Parent/Guardian (Please PRINT) _____

Signature of Parent/Guardian _____ Date _____

Signature of Student-Athlete _____ Date _____

*****All completed forms MUST be handed in to your Coach.*****

NURSE APPROVAL _____